 Job Description

Position Title: Personal Support Worker

Department: Long Term Care

Reports To: PSW Coordinator

## Purpose

The Personal Support Worker works under the direction of the RPN and/or RN to provide excellent personal care to residents and is accountable to the PSW Coordinator. Primary functions include providing care according to the established resident care plan including all components of activities of daily living and supporting participation in recreational and therapeutic activities.

The Personal Support Worker is required to perform their duties in a manner consistent with the Mission, Vision, and Values of the home to ensure resident safety and demonstrate customer service excellence.

## Responsibilities

### General

* Provide for personal care in accordance with established policy, physician’s orders, the resident plan of care and within the scope of practice of a PSW;
* Contribute to and follows a plan of care to meet residents’ assessed need;
* Responsible for maintaining accurate and complete records of personal care delivered;
* Demonstrate a professional working knowledge of all equipment used in the delivery of nursing care;
* Follow all corporate policies and procedures;
* Seek direction from the RPN and/or RN when resident need exceeds experience or scope of practice
* Observe, reports, records resident conditions and follows care plans as directed by the RN and/or RPN;
* Assist in maintaining an environment appropriate to meet residents individualized needs.

### Care Coordination

* Follows established job routines for all personal support workers on a daily basis;
* Effectively participates in care conferences with the interdisciplinary team providing care to the residents;
* Ensures that care provided is documented as required in a timely manner using the assigned documentation tools.

### Quality Management

* Participates in all aspects of the Quality and Risk management program as it pertains to nursing;
* Ensures the collection of clinical indicators within time line on a monthly basis as assigned;
* Contributes to the development of recommendations for corrective action to reach corporate mean for clinical indicators;
* Maintains personal accountability for completion of monthly audits as assigned.

### Financial Accountability

* Ensures appropriate utilization of all supplies and equipment.

### Human Resources

* Participates in an effective orientation, and performance management process in accordance with County of Grey standards for all employees within the nursing department;
* Identifies nursing department learning needs and communicates to leadership within the home;
* Models positive working relationships with the union and employee representatives;
* Actively participates in the annual educational program.

### Occupational Health & Safety

* Advises supervisor or designate immediately of all staff incidents that may result in an Occupational Accident Claim, any concerns with the physical plant, incidents or injuries and completes required reports;
* Follows all health and safety policies and procedures. Works safely to reduce the risk of injury to self, co-workers, and residents;
* Wears personal protective equipment as designated;
* Maintains a clean, safe environment for residents utilizing infection control principles;
* Maintains a sound working knowledge of their roles and responsibilities during all emergency situations when working different shifts.

### Family & Resident Relations

* Contributes to positive customer service with residents and families in day to day work;
* Deals tactfully and courteously with residents, resident’s family, visitors and staff in a positive manner.

### Ministry of Health Compliance

* Contributes to good working relationships with relevant persons within the Ministry of Health and Long Term Care (MOHLTC);
* Knows MOHLTC legislation, regulation and process;
* Contributes to the implementation of processes and systems to ensure compliance to all standards on an ongoing basis.

Additional Skills for Personal Support Workers

* Under direction, through a Transfer of Function, the Personal Support Worker may perform and record the taking of vital signs, apply prescription creams and report all findings to registered staff.

## Working Conditions

* Modern facility, temperature controlled, smoke free environment;
* Hours of work include scheduled shifts and call-ins, and may include day, evening, night shifts, weekdays and weekends. There is a requirement to work statutory holidays;
* Work is in a home-like medical care area and requires interaction with residents and their families. The workplace is fast paced, with frequent disruptions and distractions, while meeting preset deadlines. Must be flexible to changing needs of the residents, staff and operational issues, as they are presented.

## Contacts

### Internal Working Relationships

PSW Coordinator, other managers, Registered Nurse, Registered Practical Nurse and other employees, Residents, OT/PT

### External Working Relationships

## Families, MOHLTC Inspectors, contract service providers

## Knowledge and Skill

* Personal Support Workers must have completed a personal support worker program approved under the Long Term Care Homes Act, 2007 and Ontario Regulations 79/10 or have qualifications as identified under Ontario Regulations 79/10 47(3);
* Experience in a long-term care setting is preferable;
* Proficiency in interpersonal communication skills, both written and verbal;
* Basic computer skills;
* An ability to take direction as well as understanding policies and procedures is required;
* A caring and empathetic attitude is crucial, as well as working pro-actively as a member of the multi-disciplinary team;
* Ability to work in a team environment.

## Impact of Error

Errors may lead to ineffective performance and may result in injury to self, others and residents. Furthermore, errors may result in a loss of public confidence, credibility and create a liability to the corporation.

**PHYSICAL DEMANDS ANALYSIS**

|  |  |  |  |
| --- | --- | --- | --- |
| **Company:** | County of Grey | **Supervisor/Manager:** | PSW Coordinator |
| **Department:** | Long Term Care Nursing | **Position:**  | PSW |
| **Date of Analysis:** | September 2008 | **Revision date:** |  |
| **JOB SUMMARY** | Position Description | Personal Support Worker |
| Work Schedule |  |
| Breaks | ½ Lunch 2-15 min (variable) |
| Personal Protective Equipment  | Gloves, (gowns/masks/goggles as needed) closed toe sturdy shoe. |
| Equipment or Tools used | Mechanical lifts, bath chairs, weight scales, carts, computers, etc |
| **See Job Routines and Job Description for specific Tasks and Responsibilities** |

**LEGEND**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Frequency | SEL =seldom not daily <5% of shift | LOW = low daily activity <1 to 3 hours=33% of shift | MOD = moderate daily activity 3 – 6 hours= 66% of shift | HIGH = high daily activity > 6 hours =100% of shift |
| Required column | Identifies physical demands that are bona fide essential duties of the job. |
| Side column | Refers to the limb used to perform the task**E- either side D – dominant side B – both sides R or L = Right or Left side** |
| **Strength** | **Physical Demands** | Required | Side | **FREQUENCY** 1 2 3 4Sel Low Mod High | Maximum force (kg) | Average force (kg) | **COMMENTS**Explain task performed |
| Lifting – floor to knuckle | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | 15kg | 5kg | Supplies, laundry bags |
| Lifting-knuckle to waist | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | 15kg | 5kg | Supplies, laundry bags, plates |
| Lifting-waist to shoulder  | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | 5kg | 3kg | Supplies |
| Lifting – over head | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | 5kg | 3kg | Supplies, charts, linens, and clothing onto or off of shelves |
| Carrying – with handles | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | 5kg | 3kg | Supplies, laundry garbage bags |
| Carrying without handles | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | 5kg | 3kg | Supplies, laundry, garbage bags |
| Pushing-upper extremity | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | X |  |

 | 75kg | 40kg | Wheelchair, carts, mechanical lifts  |
| Pushing- leg/hip assist | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | X |  |

 | 75kg | 40kg | Wheelchair, carts, mechanical lifts |
| Pulling – upper extremity | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | 75kg | 40kg | Wheelchair, carts, mechanical lifts |
| Pulling – leg/hip assist | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | 75kg | 40kg | Wheelchair, carts, mechanical lifts |
| Reach-shoulder or above | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | X |  |

 | Supplies, ceiling lifts, obtained linens, res items from closets, shelves, personal hygiene tasks with residents |
| Reach-above shoulder extended | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Ceiling lifts, personal hygiene tasks |
| Reach – below shoulder | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Assisting residents to dress, bath, toilet etc. adjusting chairs foot rest |
| Reach-below shoulder extended | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Assisting resident to dress, bath, toilet etc. adjusting chairs foot rests |
| Gripping/Handling  | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Assisting residents to dress, bath, toilet, adjusting chairs foot rests, meal dishes, utensils, etc. |
| Fine finger movements | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Computer use, resident care tasks, cleaning tasks |
|  | **PHYSICAL DEMANDS** | Required | Side | **FREQUENCY** 1 2 3 4 Sel Low Mod High | **COMMENTS**Explain task performed |
| **Postures and Mobility** | Neck Flexion | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Resident care &cleaning |
| Neck Rotation | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Resident & cleaning |
| Neck Extension | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Resident & cleaning |
| Sitting | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Documentation, report, meetings, breaks, resident meal time |
| Standing | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | X |  |

 | On carpet & vinyl flooring |
| Walking | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | X |  |

 | Throughout building ongoing |
| Climbing | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Stairs |
| Bending | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | X |  |

 | During resident care tasks |
| Crouching | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | During resident care and cleaning routines |
| Kneeling/crawling | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Kneeling during care tasks |
| Balancing | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 |  |
| Repetition hands | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Serving and feeding residents |
| Repetition other body parts. | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Serving and feeding residents |
| Dynamic postures | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 |  |
| Static postures | N/A |  |

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 |  |
| **Perception** | Hearing conversations | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Resident, family & staff conversations ongoing |
| Hearing other sounds | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Alarms, pagers, phones |
| Vision- Near | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Computer, report reading, document review, policies/procedures , resident care lists |
| Vision – Far | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Visual check of residents in halls |
| Vision – colour | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Assessing skin conditions, filing |
| Perception - spatial | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 |  |
| Perception - form | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 |  |
| Perception - depth | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 |  |
| Feeling | X | B |

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| --- | --- | --- | --- |
| X |  |  |  |

 | Assessing resident needs, water temps, etc |
| Reading | X | B |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Reports, documentation, procedures/policies, instructions |
| Writing | X | E |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Reports, documentation |
| Speech | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Resident, family & staff conversations ongoing |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Work Environment** | **PHYSICAL DEMANDS** | Required | Side | **FREQUENCY** 1 2 3 4 Sel Low Mod High | **COMMENTS**Explain task performed |
| Work indoors | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  | X |

 |  |
| Work outdoors |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Seldom, occasionally in summer at BBQ etc. |
| Hot conditions >25 c | N/A |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |

 |  |
| Cold conditions<10 c | N/A |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |

 |  |
| Humidity | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Summer hot weather effects humidity in building |
| Dust | N/A |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |

 |  |
| Fumes | N/A |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |

 |  |
| Hazardous Machines | N/A |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |

 |  |
| Moving objects | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Mech. lift bars, belts during operation, residents, carts, etc. |
| Noise | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 |  |
| Electrical hazards | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Using electric equipment |
| Sharp tools |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Razors |
| Slippery conditions | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | When completing bathing/showers, in dining rooms etc.  |
| Vibration | N/A |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |

 |  |
| Chemical irritants | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Disinfectant used on surfaces |
| Medical waste |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Handling of soiled materials, soiled linens, etc  |
| Blood products | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Handling soiled materials |
| Congested work area | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Some residents rooms are congested, making it awkward to work around |
| Lighting- Direct | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 |  |
| Lighting – Indirect | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 |  |
| Lighting-florescent | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 |  |
| Lighting-incandescent |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 |  |
| Work alone | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |

 |  Some work is independent |
| Operate equipment or machinery  | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
| X |  |  |  |

 | Mech lifts |
| Public Interaction | X |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  | X |  |  |

 | Ongoing during day and evening shifts |